Hike Lamentation Mountain with the Berlin Land Trust



You are welcome to join us for an educational hike up Lamentation Mountain, where the Berlin Land Trust is purchasing an additional 47 acres in our continuing effort to preserve this scenic trap rock ridge. This is a great opportunity to hike and learn more about this beautiful mountain.

When: Saturday Oct 26, 2019 at 10am Where: Giuffrida Park Westfield Rd, Meriden CT (meet in the parking lot) https://goo.gl/maps/8GE7LSLmxHfy3mAg8

Route*: The hike will follow the blue-blazed Mattabesett trail (maintained by the Connecticut Forest & Park Association) to the summit at 720' and then continue along the ridgeline to the north peak near the 47-acre parcel. This will be a round-trip of 5.4 miles.

Difficulty: Moderate **Duration**: 3-4 hours

Each hiker should bring plenty of water, snacks or light lunch, sunblock & insect repellent. A daypack, waist pack or jacket with pockets to carry these items is recommended. Proper hiking clothing and footwear (hiking boots, hiking shoes or trail runners) are important for a safe and enjoyable trek.

Children under 16 must be accompanied by an adult.

Please RSVP by Oct 24 via email at: <u>berlinlandtrustct@gmail.com</u> so we have your registration info and can get in touch due to weather cancellation.

* Hikers looking for a shorter trek can turn around at the summit, which is a round-trip of 3.4 miles.